

Bachelor of Applied Psychology (Honours)

(R/311/6/0054) (MQA/FA 4481) 9/2026

The Bachelor of Applied Psychology (Hons) is an interdisciplinary program planned to develop students who can integrate different psychological theories, contemporary research, and practice in a multicultural world.

The program provides an opportunity for students to apply their knowledge gained in lectures and readings to research in different community-based settings. The program prepares students to contribute to society through social and community engagement, counseling, human development, and leadership.

BENEFITS

- ▶ Demonstrate knowledge and understanding of fundamental principles in psychology, acquired from scholarly sources;
- ▶ Apply basic research methods in psychology, including research design, data analysis and interpretation, in a range of work settings;
- ▶ Use critical and creative thinking, skeptical inquiry, and when possible, the scientific approach to solve problems related to behavior and mental processes.
- ▶ Apply psychological principles by explaining and suggesting solutions to personal, organizational, and social problems, taking into consideration self-understanding, socio-cultural aspects, and international diversity.
- ▶ Apply ethical principles in all aspects of the science and practice of psychology, including knowing the limitations of their psychological knowledge and

- skills; and
- ▶ Communicate and convey information, ideas, problems, and solutions effectively to the general public.

CAREER PROSPECTS

- Professional Helpers
- Social Workers
- Therapist
- Admin or Human Resource

ENTRY REQUIREMENTS

SPM: Credits in Mathematics & Science subjects with Pass in English OR
STPM: Minimum Grade C (GP 2.0) in 2 subjects OR
Diploma in Psychology/Diploma: Minimum CGPA of 2.00/4.00 or its equivalent OR
Matriculation/Foundation: Minimum CGPA of 2.00/4.00 or its equivalent OR

For International Students
IELTS: Minimum 4.0

Duration of study
3 year

Credit Hours
120

SUBJECTS OFFERED

YEAR 1

- Introduction to Psychology
- Developmental Psychology
- Cognitive Psychology
- Research Methods in Psychology
- English for Academic Purposes
- Entrepreneurship
- Abnormal Psychology
- Principles of Counselling
- Theories of Personality
- Developing Professional Practice
- Social Psychology
- Introduction to Applied Psychology
- Ethics in Psychology
- Conflict Management
- Positive Psychology

YEAR 2

- Brain & Behaviour
- Key Studies in Psychology
- Statistics in Psychology
- Adult & Aging Psychology
- Sensation & Perception
- English for Employment
- Individual Differences
- Clinical Psychology
- Psychology of Learning
- Psychology Testing & Measurement
- Hubungan Etnik
- Pengajian Malaysia 3*
- Academic Skill
- Human Sexuality
- Co-Curriculum

YEAR 3

- Counselling Skills (Elective 1)
- Counselling Methods (Elective 1)
- Social problems & Social Welfare (Elective 1)
- Family & Relationship Counselling (Elective 1)
- Organizational Psychology (Elective 2)*
- Human Resource Psychology (Elective 2)*
- Stress Management (Elective 2)*
- Managing Developing Teams (Elective 2)*
- Final Year Project 1
- Cross Cultural Psychology
- Tamadun Islam & Tamadun Asia (TITAS)
- Bahasa Melayu Komunikasi 2*
- Final Year Project 2
- Industrial Training